

Menu + Cost Breakdown

Quantity:	Breakfasts: (128)		Cost
20	Breakfast Skillet ProPak	(\$6.99 ea Mtn House)	\$139.80
15	Granola w/ Milk + Blueberries	(\$5.49 ea Mtn House)	\$82.35
18	Scrambled Eggs w/ Bacon	(\$5.99 ea Mtn House)	\$107.82
21	Scrambled Eggs w/ Ham + Peppers	(\$5.99 ea Mtn House)	\$125.79
10	Scrambled Eggs	(\$4.99 ea Mtn House)	\$49.90
15	Granola w/ Bananas + Milk	(\$5.50 ea REI)	\$82.50
5	Pancake Mix	(\$9.50 ea REI)	\$47.50
20	Oats + Quinoa Cereal	(\$5.00 ea REI)	\$100.00
4	French Toast Mix	(\$5.00 ea REI)	<u>\$20.00</u>

= \$755.66

Quantity	Lunches: (146)		Cost
2	Soup + Chili Variety Pak	(72 meals) (\$49.95 ea REI)	\$99.90
4	Beef Stroganoff + Noodles	(\$8.00 ea REI)	\$32.00
6	Chili Mac w/ Beef	(\$8.00 ea REI)	\$48.00
4	Biscuits + Gravy	(\$6.00 ea REI)	\$24.00
6	Noodles + Chicken	(\$8.00 ea REI)	\$48.00
12	Chicken Fried Rice	(\$8.00 ea REI)	\$96.00
4	Pad Thai Veggie	(\$7.50 ea REI)	\$30.00
8	Chicken Teriyaki w/ Rice ProPak	(\$7.50 ea REI)	\$60.00
8	Southwest Corn Chowder	(\$4.50 ea REI)	\$36.00
2	Shepherd's Potato Stew w/ Beef	(\$11.00 ea REI)	\$22.00
6	Macaroni + Cheese	(\$9.50 ea REI)	\$57.00
6	Hummus Mix	(\$6.00 ea REI)	\$36.00
8	Creamy Potato Cheddar Soup	(\$4.50 ea REI)	<u>\$36.00</u>
1	Backpacking Kit (Spices + freeze dried veggies)	(\$49.95 ea REI)	<u>\$49.95</u>

= \$674.86

Quantity	Dinners (128)	Cost
1	Soup + Chili Variety Pak (36 meals) (\$49.95 ea REI)	\$49.95
1	Backpacking Kit (Spices + Freeze Dried Veggies) (\$49.95 REI)	\$49.95
10	Sausage w/ Meat Sauce ProPak (\$7.50 ea REI)	\$70.50
3	Italian Pepper Steak (\$9.00 ea REI)	\$27.00
10	Spaghetti w/ Meat Sauce (\$8.00 ea REI)	\$80.00
6	Beef Stew (\$9.00 ea REI)	\$54.00
4	Grilled Chicken w/ Mashed Potato (10.00 ea REI)	\$40.00
4	Pettucini Alfredo w/ Chicken (\$11.00 ea REI)	\$44.00
3	Shepherd's Meat Pie (\$12.00 ea REI)	\$36.00
6	Vegetarian Pasta Primavera (\$8.00 ea REI)	\$48.00
12	3 Cheese Chicken Pasta (\$7.50 ea REI)	\$90.00
6	Thai Style Chicken w/ Noodles (\$7.50 ea REI)	\$45.00
8	Vegetable Sausage (\$9.00 ea REI)	\$72.00
6	Beef w/ Mashed Potatoes + Gravy (\$8.00 ea REI)	\$48.00
2	Pineapple Orange Chicken (\$8.50 ea REI)	\$17.00
2	Thai Coconut Curry w/ Beef (\$11.00 ea REI)	\$22.00
6	Pad Thai Veggie (\$7.50 ea REI)	\$45.00
4	Biscuits + Gravy (\$6.00 ea REI)	\$24.00
		<u>\$862.40</u>

Quantity	Desserts (128)	Cost
25	Neopolitan Ice Cream (\$3.00 ea REI)	\$75.00
8	Cinnamon Apple Crisp (\$4.50 ea REI)	\$36.00
8	Raspberry Crumble (\$8.00 ea REI)	\$64.00
15	DK Chocolate Cheesecake (\$5.50 ea REI)	\$82.50
8	Mint Chocolate Ice Cream (\$4.00 ea REI)	\$32.00
5	Creme Brulee (\$5.50 ea REI)	\$27.50
7	Coconut Key Lime Pie (\$4.93 ea REI)	\$34.51
7	Apple Crisp (\$7.50 Mtn House)	\$52.50
20	Ice Cream Sandwich (\$3.00 ea Mtn House)	\$60.00
25	Cheesecake Bites (3.50 ea Mtn House)	\$87.50

(Desserts Cont.)

= 551.51

Total Trip Food Cost

* does not include stopovers + restaurants

= \$2,844.42